

Indoor Environments Module

How Does Learning Happen – Four Foundations

Foundations	Goals for Children	Expectations for Programs
Belonging	Every child has a sense of belonging when he or she is connected to others and contributes to their world.	Early childhood programs cultivate authentic, caring relationships and connections to create a sense of belonging among and between children, adults, and the world around them.
Well-being	Every child is developing a sense of self, health, and well-being.	Early childhood programs nurture children's healthy development and support their growing sense of self.
Engagement	Every child is an active and engaged learner who explores the world with body, mind, and senses.	Early childhood programs provide environments and experiences to engage children in active, creative, and meaningful exploration, play, and inquiry.
Expression	Every child is a capable communicator who expresses himself or herself in many ways.	Early childhood programs foster communication and expression in all forms.



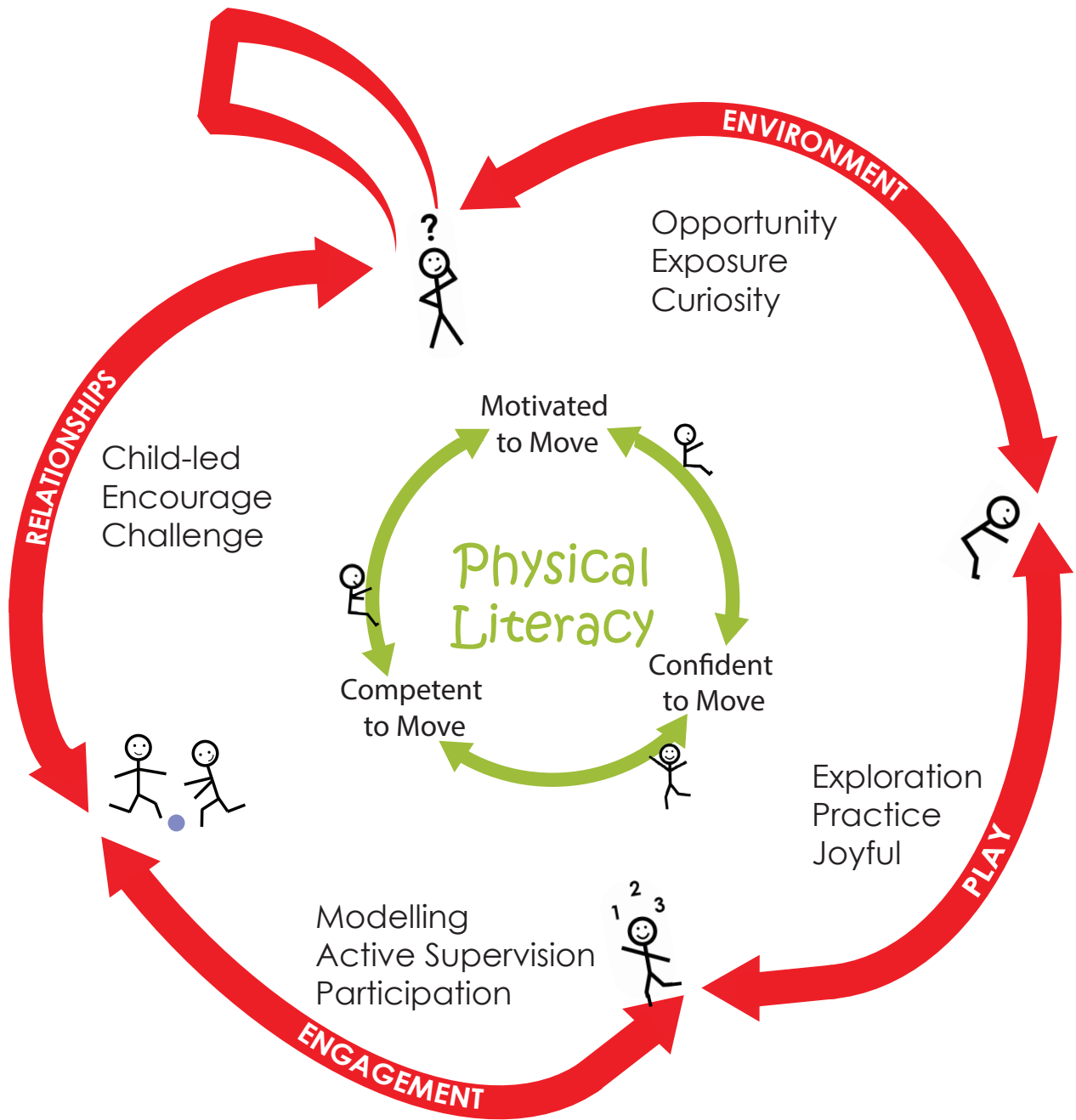
ELECT Principles

Elect Principles
Principle 1: Positive experiences in early childhood set the foundation for lifelong learning, behaviour, health, and well-being.
Principle 2: Partnerships with families and communities are essential.
Principle 3: Respect for diversity, equality, and inclusion is vital.
Principle 4: An intentional, planned program supports learning.
Principle 5: Play and inquiry are learning approaches that capitalize on children’s natural curiosity and exuberance.
Principle 6: Knowledgeable, responsive, and reflective educators are essential.

Source: Early Learning for Every Child Today: www.edu.gov.on.ca/childcare/excerpts.html



Active Play & Physical Literacy Everyday (APPLE) Model

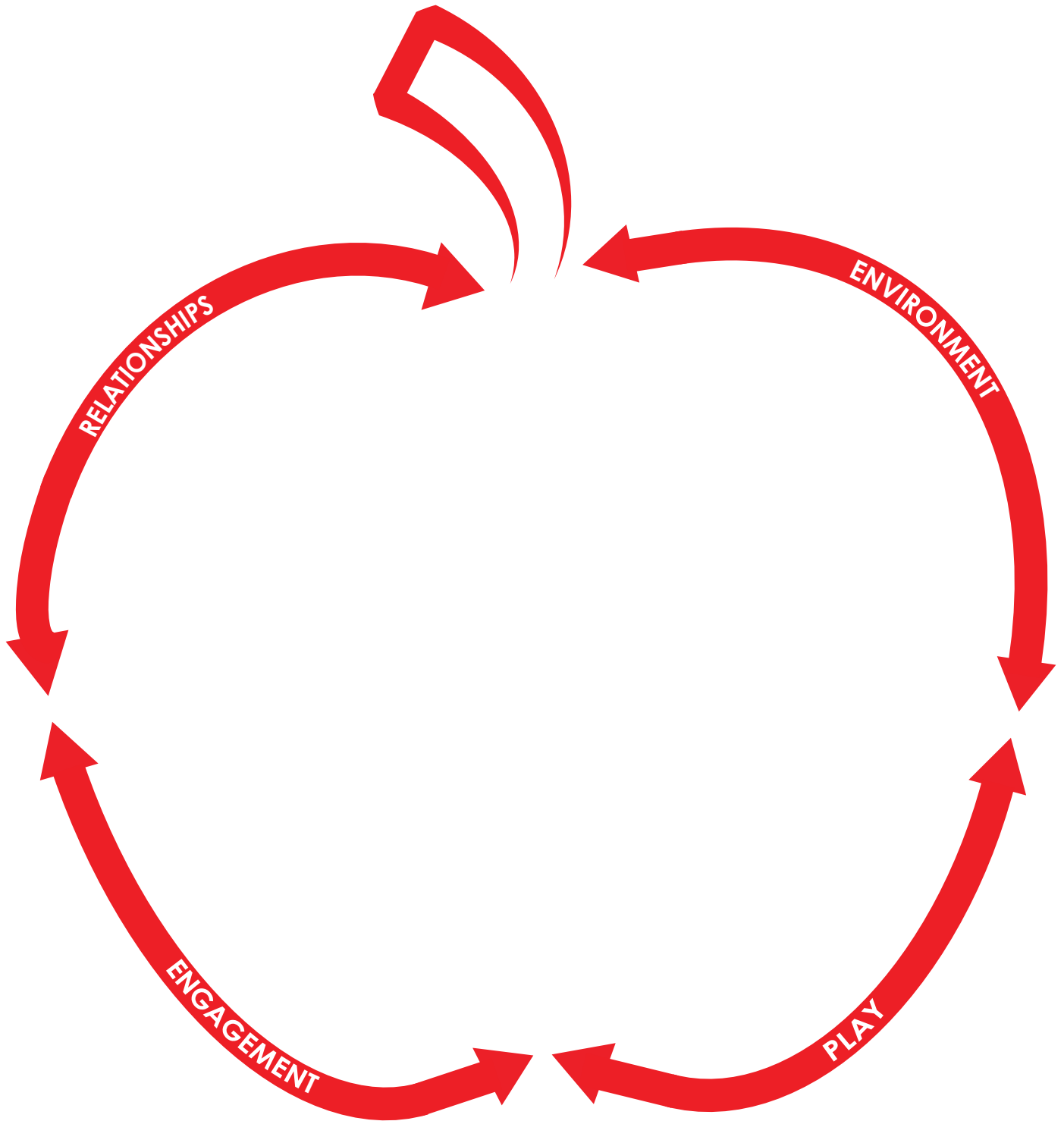


Source: Early Years Physical Literacy: www.earlyyearsphysicalliteracy.com



APPLE Model Jigsaw Activity Notes

Take notes on each of the four factors that early years providers can influence (the skin of the apple).



Indoor Spaces that Develop Physical Literacy



Notes:



Indoor Spaces that Develop Physical Literacy (cont.)



Early Years Physical Literacy



Creating indoor environments that develop physical literacy

Brainstorm in the box below on how improve opportunities for physical literacy in your existing indoor environment. Consider objects that promote curiosity, exploration, and motivate children to move.

E.g. Add a wobble board to the water table or an exercise ball to the art centre



Designing an Indoor Environment

What kinds of questions should we ask before we design an indoor environment? As an example, these questions have been drawn from Ontario's curriculum document, *How Does Learning Happen?* (p. 38).

1. If we see all children as curious, competent, and capable of complex thinking, how will this be reflected in the environment?
2. How could greater complexity and challenge be integrated into the environment?
3. How do you know when children are fully engaged? Based on your observations of individual children, when are they most engaged?
4. Consider how the environment and experiences that you provide for children engage them. What draws them in?
5. What areas of the environment do not attract children? Why might this be? What changes might be needed?
6. What barriers exist that may limit some children's ability to engage in active exploration, play, and inquiry? What adaptations and changes might be made to ensure the inclusion and participation of every child?



My Stimulating Indoor Environment

Small group activity: Design a stimulating indoor space considering minimal space.

With your group, discuss:

- I. Type of indoor space
- II. Ages of children
- III. Materials and equipment available
- IV. Consider reflective questions from “How Does Learning Happen?” on previous page



Resources

Early Years Physical Literacy, APPLE Model

www.earlyyearsphysicalliteracy.com

Ontario Early Learning Resources: How Does Learning Happen: www.edu.gov.on.ca/childcare/pedagogy.html

Early Learning for Every Child Today

www.edu.gov.on.ca/childcare/excerpts.html

Sport for Life

www.sportforlife.ca



CERTIFICATE OF COMPLETION

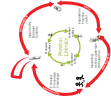
DATE:

Presented to:

Physical Literacy for Early Childhood Educators - Indoor Environments Module



Sport for Life, Director of Physical Literacy
Drew Mitchell



Early Years Physical Literacy



Sport for Life